

## COACHING REGISTRATION PAGE

Name \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ cell \_\_\_\_\_ work \_\_\_\_\_ email \_\_\_\_\_

can I leave a message on your phone voice mail and email? \_\_\_\_\_

What is the situation that has prompted you to see  
Coaching? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Have you ever seen a coach before \_\_\_\_\_ If yes, when and with  
whom \_\_\_\_\_ and what for? \_\_\_\_\_

Are you currently in therapy with a counselor or receiving coaching services  
elsewhere? \_\_\_\_\_

Please list no more than 5 areas or goals in your life that you would like to improve on.

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

What is it that you don't want in your life anymore?

( i.e., poor health, discontentment with work, etc.)

1.) \_\_\_\_\_

2.) \_\_\_\_\_

3.) \_\_\_\_\_

Who or what is getting in the way of your success? \_\_\_\_\_

What are you already doing well that will contribute to you being successful? \_\_\_\_\_

On a scale of 1-5 with 5 being most definitely will improve, how much do you believe your situation will get better?

1 2 3 4 5

On a scale of 1-5 how motivate are you to do what it takes to reach your goals?

1 2 3 4 5

Coaching Agreement:

I understand that I am entering into a coaching/client relationship with Elizabeth Hartshorn, LPC. I understand that this is not therapy and in the event that it seems I may benefit from therapy as opposed to counseling, I understand that I will be referred out to a therapist for treatment of any mental health or chemical dependency concerns that may be getting in my way of being able to full participate in coaching at this time. I understand I can always resume coaching at a later date if agreed by both parties. I have received information and education about coaching vs. counseling. I understand that I will receive coaching appointments in person and by phone. I agree to attend all sessions and complete my homework and tasks. I also understand that this service cannot be billed to insurance and I will make timely payments per our arrangement. I'm ready to start designing and living my new life that is full of possibilities.

\_\_\_\_\_  
Client

\_\_\_\_\_  
Date

**COACHING FEES AGREEMENT**

I charge \$2.00 per minute for phone or in person sessions. A typical in person session lasts about 50-90 minutes

A typical phone session lasts about 15-20 minutes.

The first session is typically 75-90 minutes and paid up front in full.

Remaining coaching payments will be billed and due upon receipt. If you need to set up a payment plan, we can discuss this after we determine the amount of sessions you will receive.

After our initial meeting, your estimated fees for coaching will

be \_\_\_\_\_ for \_\_\_\_\_ phone/in person sessions.

You will not be billed for anymore sessions than the above. If you choose to receive more coaching sessions after completing the above. We will enter into another fee for service agreement.

### **Coaching Fee Agreement**

I, \_\_\_\_\_ Date \_\_\_\_\_ Agree to  
pay \_\_\_\_\_ for the first session at time of session and agree to pay \_\_\_\_\_ on  
the \_\_\_\_\_ of each month for future sessions until paid in full.

\_\_\_\_\_  
Coaching Client Signature /Date

\_\_\_\_\_  
Elizabeth Hartshorn, LPC, Coach